

Saltdean Swim & Surf Club  
Saltdean  
Brighton



## GENERIC RISK ASSESSMENT PLAN


		Location: Saltdean Beach, Saltdean, Brighton															
RAP No. 01	Rev. 01	Activity: Nippers Course	Date: 19 <sup>th</sup> May 2022														
<p><b>SSSC First Aid Officer:</b> Name: Level 2 Coach to confirm on the Analytical Risk Assessment prior to the session. Mobile No.: TBC</p>		<p align="center"><b><u>Emergency Contacts.</u></b></p> <table border="1"> <tr> <td>BHCC Lifeguards</td> <td>01273 292715</td> </tr> <tr> <td>Seafront Office</td> <td>01273 292715</td> </tr> <tr> <td>SLSGB</td> <td>01392 369111</td> </tr> <tr> <td>Fire Brigade</td> <td>999</td> </tr> <tr> <td>Police</td> <td>999</td> </tr> <tr> <td>Ambulance</td> <td>999</td> </tr> <tr> <td>Environment Agency Incident Hotline</td> <td>0800 807060 (24 Hours)</td> </tr> </table>	BHCC Lifeguards	01273 292715	Seafront Office	01273 292715	SLSGB	01392 369111	Fire Brigade	999	Police	999	Ambulance	999	Environment Agency Incident Hotline	0800 807060 (24 Hours)	<p><b><u>Emergency Information.</u></b> Nearest Medical Centre/Doctor: <a href="#">Saltdean Medical Practice</a> <a href="#">Address: The Grand Ocean, Longridge Ave, Saltdean, Brighton BN2 8BU</a> <a href="#">Phone: 01273 305723</a> Nearest Hospital: <a href="#">Royal Sussex County Hospital</a> <a href="#">Address: Eastern Road, Brighton, BN2 5BE</a> <a href="#">Phone: 01273 696955</a> Evacuation Assembly Point: <a href="#">East of the tunnel by the shower. ///bills.users.ambushed (What Three Words, location details)</a> First Aid Kit Location: <a href="#">With the trained first aider allocated for the session.</a></p>
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		<p>RAP Compiled By: David Collins Reviewed &amp; accepted on behalf of Saltdean Swim &amp; Surf Club Name : David Collins Signed: Date: 19<sup>th</sup> May 2022</p>	<p>Person Responsible for Activity/Session: Position: I agree to the findings of the RAP and actions proposed. Name: Signed: Date:</p>														
<p><b>Names of Person/s who documented these RAP in consultation with SSSC representatives:</b> David Collins – 07563 586335 Kevin Pope – 07789 747927</p>																	

PROBABILITY How severely could it hurt someone or, How ill could it make someone?	HOW LIKELY IS IT TO BE				The numbers show you how important it is to do something:  1 = <b>Top Priority:</b> Do something immediately 6 = <b>Low Priority:</b> Do something when possible.  For Environmental ratings of 1 or 2 are Significant and should be raised asap.
	Very Likely (could happen any time)	Likely (Could happen sometime)	Unlikely (Could happen but very rarely)	Very Unlikely (Could happen but probably never will)	
Kill or cause permanent disability or ill health or - Cause permanent environmental damage	1	1	2	3	
- Long Term illness or Serious injury, or - Cause environmental damage which will take management on a Council level to resolve	1	2	3	4	
- Medical Attention & Several Days Off Work, or - Environmental risk which will take comprehensive local action to address.	2	3	4	5	
- First Aid Needed, or - Environmental issue which takes easily accessible “clean-up” local action to resolve	3	4	5	6	

Location: <i>Saltdean Beach</i>						
Description of Activity <i>Nipper Course</i>						
Steps of this Activity		Potential Hazards (Safety & Environmental)	Risk Rating	Controls (Control Hierarchy- Eliminate/Substitute/Isolate/Engineer/Administrative/PPE)	Risk Rating after Control	Who is at Risk?
1	Moving equipment e.g., boards, Gazebo, flags etc. from the storeroom to the beach for the sessions.	Strains	3	Make sure (if over 15kg or large object) that 2 people work together to lift/move heavy loads.	5	Volunteers Coaches
		Cuts and abrasions	4	Gloves/hand protection can be supplied	6	Volunteers Coaches
		Slips, trips & falls	5	Make sure that the agreed route has been checked and cleared of any obstructions. Check weather conditions e.g., wind, rain etc. on the day	6	Volunteers Coaches
		Public Safety	5	Ensure materials/equipment are brought to the beach using a spotter to guide and advise the public.	6	Volunteers Coaches Members of the public


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1a	Moving equipment to the beach by van/car using the ramp/drive to the undercliff.  <b>If using this method of transport, the level 2 coach must contact the Seafront Office (01273 292715) and provide times, dates and the vehicle registration number.</b>	Strains	3	Make sure (if over 15kg or large object) that 2 people work together to lift/move heavy loads.	5	Volunteers Coaches
		Cuts and abrasions	4	Gloves/hand protection can be supplied	6	Volunteers Coaches
		Slips, trips & falls	5	Make sure that the agreed route has been checked and cleared of any obstructions. Check weather conditions e.g., wind, rain etc. on the day	6	Volunteers Coaches
		Public Safety	4	Drive slowly once at the entrance of the top ramp, keep under 5mph if possible. Ensure materials/equipment are brought to the beach using a spotter to guide and advise the public.	6	Members of the public
		Use of Fuel/Pollution if using vehicles to transport.	4	If vehicles are being used to transport equipment – They must be empty to maximise the space and to minimise the amount of trips reducing fuel emissions.	5	All
2	Setting up beach equipment for the sessions e.g. putting up gazebo, flags etc.	Strains	3	Make sure (if over 15kg or large object) that 2 people work together to lift/move heavy loads.	5	Volunteers Coaches
		Cuts and abrasions	4	Gloves/hand protection can be supplied.	6	Volunteers Coaches
		Slips, trips & falls	5	Make sure that the agreed route has been checked and cleared of any obstructions. Check weather conditions e.g., wind, rain etc. on the day	6	Volunteers Coaches

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		Public Safety	5	Ensure the general public that are within the setting up area are informed on our plans. If this is not possible, move to another area of the beach.	6	Volunteers Coaches Members of the public
		Hazardous materials e.g., Syringes, dead animals, chemicals, broken glass, disposable BBQ's	4	Move to another area of the beach and inform the relevant parties e.g. BHCC Lifeguards, BHCC City Clean or the Fire Service if chemical spill.	6	Volunteers Coaches
3	Safety briefing (ARA review) prior to starting the session with the coaches, water safety team and volunteers.	Insufficient/lack of water safety team and coaches	3	Ensure correct nipper to coaches ratios are in place, according to the session planned and weather/sea conditions. Cancel if necessary.	6	Nippers
4	Nipper Registration	Missing/lost Nipper	4	Make sure every nipper has been signed in when arriving. L2 Coaches to check numbers following each session activity.	6	Nippers
5	Encroachment of members of the public whilst on the beach and/or in the water.	Nippers getting mixed up and lost. Unable to identify the coaches and water safety team. Coaches and the water safety team not being able to identify the nippers.	4	Coaches & the water safety team to wear SSSC coloured rash vests so they can be clearly identified. Nippers to wear SSSC coloured caps and rash vests so they can be clearly identified.	6	Safety Team Coaches Nippers
6	Using nipper boards and rescues boards in the water.	Strains	3	Make sure that 2 people or 2 nippers work together when moving to the sea.	5	Safety Team Coaches Nippers
		Cuts and abrasions	4	Boards to be checked prior to leaving the storeroom to make sure they are fit to use.	6	Safety Team Coaches Nippers
		Collison's	5	Keep 2 meter clearance from other boards	6	Nippers Coaches
		Head injuries	3	Keep 2 meter clearance from other boards	6	Nippers Coaches
		Public Safety	5	Use boards within the designated areas only	6	Nippers Coaches

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		Drowning	2	<p>Pre Nipper course/membership forms signed and returned by parents.</p> <p>Children to have demonstrated swimming capabilities within the swimming pool before entering the sea.</p> <p>Coaches/safety team members to have appropriate level of training.</p>	6	Safety Team Coaches Nippers
		Rocks	2	<p>Saltdean beach at low tide.</p>  <p>Sessions at low/mid tides will be run on the left hand side of the beach to avoid the worst of the rock locations.</p> <p>During high tide sessions, the level 2 coach along with the water safety team will review.</p>	5	Safety Team Coaches Nippers
		Groynes	2	<p>When using the nipper boards, one of the water safety team will be located within 10m to prevent collisions and help nippers to keep away.</p>	5	Safety Team Coaches Nippers



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		Stings/bites from jelly fish or weaver fish	3	Nippers to wear wet suits and boots/shoes during the sessions. First aid kit to be sea side at all times.	5	Safety Team Coaches Nippers
		Cold weather conditions causing hypothermia.	2	Nippers to wear suitable wetsuits, boots,/shoes, gloves and hats. Nippers to bring suitable warm clothes to get changed it to once the session has finished. Know what the signs of hypothermia are and what to do. Cancel if necessary or carry out beach activities.	5	Safety Team Coaches Nippers
		Hot weather conditions causing heat stroke and sun burn	2	Sun cream. Tinted goggles to deal with glare. Access to a drink regularly. Know the signs of sun stroke and how to deal with it.	5	Safety Team Coaches Nippers
		Sea currents, waves and water depth	2	ARA to be conducted and reviewed by the water safety team prior to the session starting. Cancel if necessary or carry out beach activities.	5	Safety Team Coaches Nippers
		Poor water conditions/sewage	3	Check Safer Seas (May-Sept) and Beach Buoy (Sept-May). Do not swim if overflow pipes are in operation. Cancel if necessary or carry out beach activities.	5	Safety Team Coaches Nippers
7	Other water/sea activities e.g., swimming etc.	Public Safety	5	Use designated areas only	6	Nippers Coaches
		Drowning	2	Pre Nipper course/membership forms signed and returned by parents.  Children to have demonstrated swimming capabilities within the swimming pool before entering the sea.	6	Nippers

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	Groynes	2	The water safety team will be located within 10m to prevent collisions and help nippers to keep away.	5	Safety Team Coaches Nippers
	Stings/bites from jelly fish or weaver fish	3	Nippers to wear wet suits and boots/shoes during the sessions. First aid kit to be sea side at all times.	5	Safety Team Coaches Nippers
	Cold weather conditions causing hypothermia.	2	Nippers to wear suitable wetsuits, boots,/shoes, gloves and hats. Nippers to bring suitable warm clothes to get changed it to once the session has finished. Know what the signs of hypothermia are and what to do. Cancel if necessary or carry out beach activities.	5	Safety Team Coaches Nippers

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	Sea currents, waves and water depth	2	ARA to be conducted and reviewed by the water safety team prior to the session starting. Cancel if necessary or carry out beach activities.	5	Safety Team Coaches Nippers
	Poor water conditions/sewage	3	Check Safer Seas (May-Sept) and Beach Buoy (Sept-May). Do not swim if overflow pipes are in operation. Cancel if necessary and carry out beach activities.	5	Safety Team Coaches Nippers
8	Beach side Activities	5	Make sure that the agreed route has been checked and cleared of any obstructions. Check weather conditions e.g., wind, rain etc. on the day.	6	Volunteers Coaches Nippers
	Public Safety	5	Ensure the general public that are within the activity area are informed on our plans. If this is not possible, move to another area of the beach.	6	Volunteers Coaches Members of the public Nippers
	Hazardous materials e.g., Syringes, dead animals, chemicals, broken glass, disposable BBQ's	4	Move to another area of the beach and inform the relevant parties e.g. BHCC Lifeguards, BHCC City Clean or the Fire Service if chemical spill.	6	Volunteers Coaches Nippers
	Cold weather conditions causing hypothermia.	2	Nippers to wear suitable wetsuits, boots,/shoes, gloves and hats. Nippers to bring suitable warm clothes during the session. Know what the signs of hypothermia are and what to do. Cancel if necessary.	5	Safety Team Coaches Nippers



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### On Site Risk Assessment

<b>Location:</b>						
<b>Activity:</b>						
Steps of this Activity		Potential Hazards (Safety & Environmental)	Risk Rating	Controls (Control Hierarchy- Eliminate/Substitute/Isolate/Engineer/Administrative/PPE)	Risk Rating after Control	Person Responsible

**RAP INDUCTION TRAINING STATEMENT**

Following people have been trained in the work activities described in this RAP induction training statement:

I, as identified below;

- a) Have been consulted and trained in the specific safety requirements of the activity for which I am engaged on this session.
- b) Will work in accordance with this RAP and understand that I am responsible for my own and others safety.
- c) If found necessary to amend the RAP, I will consult with the SSSC Safety Officer and help if required in re-issuing this RAP.

Name: \_\_\_\_\_ Sign: \_\_\_\_\_ Date: \_\_\_\_\_

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